Diploma Subjects

Rachael is now studying midwifery at

Northumbria University

Health & Social Care

OCR Level 3 Cambridge Technical Certificate and Extended Diploma



Course Overview

Health and Social Care represents one of the biggest sectors for potential employment in the North East, and with 100% A/A* last year, our students are perfectly placed to take advantage of this. You will learn a huge range of skills, and equip yourself for degree level study in fields ranging from Nursing and Midwifery to Primary Education. We offer two possible routes in Health and Social Care.

The Extended Certificate is the equivalent of an A-level, and should be taken alongside two other subjects. The Extended Certificate is the equivalent of 3 A levels, and is taken on its own. For both, you will follow a combination internally coursework assessed units and external examined units.

Entry Requirements

You must have at least a grade 5 in GSCE English. You must also have good essay writing and time management skills.

OCR Level 3 Cambridge Technical Extended Certificate in Health and Social Care

The Technical Level 3 Certificate in Health and Social Care shares nine mandatory units with, and provides direct progression to, the Extended Diploma.

You will study 9 mandatory units:

- · Equality, diversity and rights in health and social care
- Human growth and development
- Safeguarding in health and social care
- Communication in health and social care

- Reflective practice
- Infection prevention and control in health and social care
- Psychological perspectives in health and social care
- Sociological perspectives in health and social care
- Working in health and social care

In addition to the mandatory units you will be required to complete 75 hours on placement.

OCR Level 3 Cambridge Technical Extended Certificate in Health and Social Care

As well as the 9 mandatory units studied within the certificate you will study the following:

- Research skills for health and social care
- Empowerment in health and social care
- Personal and professional development
- Anatomy and physiology for health and social care
- Protection of children, young people and adults in health and social care

There is a wide range of optional units, allowing you to pursue an interest in the specific areas of Social Care, Health Studies and Health Sciences to suit your preferred progression path.

Subject areas include:

- Behaviour change in health and social care
- Biochemistry for health
- Community care provision
- Dementia awareness
- Mental health and well-being

- Nutrition for health and social care
- Public health for health and social care
- The role of play for children and young people
- Advocacy in health and social care
- Learning disability

There is a minimum requirement of 175 placement hours (this includes the 75 hours completed during the Certificate).